

# Senior Dining Program



Rides available  
1-866-that-bus

Blanchard Senior Center  
Located  
101 S. Main Street  
Blanchard, Ok. 73010  
(405)-485-9260



Enjoy Lunch with friends

**\* Lunches are fully balanced meals, including entrees, sides, desserts and tea and coffee.**

## More than just a meal...

Mealtime is more enjoyable when you are with friends! The Senior Dining Program serves hot, healthy meals and gives seniors opportunities to socialize and take part in activities like cards, bingo and exercise classes. You can also learn about other services that are available.

## What does it cost?

While there is no charge for diners (60+), participants are given the opportunity to contribute towards the cost of each meal.

The *suggested contribution* for those (60+) is \$2.00 per meal. No senior will be denied service due to inability to make a contribution.

Anyone under 60 may dine as a guest, with \$5.00 required payment per meal.

Call 405-485-9260 for more information.

## Where and when are meals served?

Meals are served Monday through Friday at 11: 30am. But you are welcome to come early and enjoy games, TV or great conversation. The center opens at 8am and closes at 1: 30pm. Menus can be found in the Blanchard News and on the City's website at

[www.cityofblanchard.us](http://www.cityofblanchard.us)

# Activities

**BINGO Tuesday @ 10:15am**

Plus Puzzles,  
Dominos,  
Cards and much more

## Chair Aerobics

Monday & Wednesdays  
@ 10:15am

**Guest Speakers**

Medicare & Legal Aid

**Free Bus Rides**

Within Blanchard  
city limits

**Mobile Library**

**Located at 101 South Main**

1 Block south of Hwy 62 & Main Street  
intersection on Main